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## Chapter 5, Lesson 1, Exercise Guide

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### Chapter 5, Lesson 1, Scripture References

Hebrews 10:19-23; John 1:4; John 10:10; 1 Corinthians 15:45; Romans 8:31; John 3:16; Romans 6:23; Ephesians 2:26; 2 Corinthians 3:6; Ephesians 2:8-9; Romans 7:5-14; Acts 15:28-29.

### Chapter 5, Lesson 1, Study and Prayer

1. The Holy Spirit came to \_\_\_\_\_ . This is an \_\_\_\_\_ of the Holy Spirit's character. Therefore, when we obey the Holy Spirit but the manner in which we do so does not \_\_\_\_\_ , we have \_\_\_\_\_ .
2. After rereading the section, "The Life-Producing New Way," describe what "the life-producing new way" means to you.

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3. What does 1 Corinthians 15:45 tells us?

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4. If God's new way is life-producing and life-giving, then what could the "the old and dead way" rightly be called?

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5. Something that is dead produces death because \_\_\_\_\_  
\_\_\_\_\_.

6. The ministry Jesus has given to each of us is \_\_\_\_\_.  
What and how we minister should produce \_\_\_\_\_, not \_\_\_\_\_.

7. Did the section, "Serving God in Frustration" have personal meaning for you?

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8. What was the most important thing you learned in the section, "The Old and Dead Way Uncovered"?

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9. Whether we attempt to live by the Law of Moses or any other set of laws, we should understand that \_\_\_\_\_ makes \_\_\_\_\_ impossible.

10. What does the statement, "we cannot live by grace and live by laws at the same time" mean?

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11. Do we have to be rooted in the Old Testament Law to be legalistic? Why?

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12. Drawing on the section, “The Law and Righteousness,” explain in your own words what the “problem” is with the Law of Moses.

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13. Why do we need the Law? What was God’s purpose in sending the Law?

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14. We must know that we cannot live righteous lives in and of ourselves \_\_\_\_\_  
we receive Jesus. We also must know that we cannot live righteous lives in and of  
ourselves \_\_\_\_\_ we receive Jesus. We are no more able to produce  
righteousness \_\_\_\_\_ we are saved than we were able to \_\_\_\_\_  
we were saved. Once we trust in Jesus to make us righteous, we must \_\_\_\_\_  
to trust him. We cannot trust him at one point, then \_\_\_\_\_ and  
attempt to produce righteousness \_\_\_\_\_.

14. What do we know about the Law of Moses and Gentile believers in Jesus? How does that  
remove legalistic expectations for you, personally?

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## Chapter 5, Lesson 2, Exercise Guide

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### Chapter 5, Lesson 2, Scripture References

Luke 6:44-45; Genesis 1:11-12; 1 Corinthians 15:38-50; Gen. 1:28; Gal. 5:22-23; John 15; Jeremiah 17:9; Acts 20:27.

### Chapter 5, Lesson 2, Study and Prayer

1. Look up Luke 6:44-45. What four facts do we learn from this Scripture?

1.

2.

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2. What does “fruit after its own kind” mean? What does this mean for spiritual fruitfulness?

3. Describe two types of spiritual fruit. Who produces each of these two types, and how are they connected?

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4. Where does legalism begin? What do we know about that “place”?

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5. Legalism, which is a work of our flesh, wars against \_\_\_\_\_ and will never produce \_\_\_\_\_. *This is why legalism usually results in treating people \_\_\_\_\_.*

6. Can legalism become a spiritual stronghold? If so, how?

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7. How do we tear down the stronghold of legalism?

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## Chapter 5, Lesson 3, Exercise Guide

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### Chapter 5, Lesson 3, Scripture References

Luke 18:9-14; Matthew 18:23-35; 1 Timothy. 1:15-16; 1 Corinthians 6:9-11;  
James 2:10-11; 1 Corinthians 5:9-11; Galatians 6:1-3; Matthew 18:15-17; Matthew 19:26;  
2 Corinthians 2:6-9.

### Chapter 5, Lesson 3, Study and Prayer

1. The position, “yes, but I never did *that*” indicates a mindset that \_\_\_\_\_  
and \_\_\_\_\_ sin.
2. What does the phrase “the servant owed a debt he was not able to pay” mean to you? How does it apply to the error of the “yes, but I never did *that*” mindset?

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3. Why do we tend to compare our behaviors with the behaviors of others?

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4. The “yes, but I never did *that*” mindset can result in what two significant errors?

(a) \_\_\_\_\_

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(b) \_\_\_\_\_

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5. What did the Lord speak to you after you took the “Self-Test”?

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6. What was Paul’s attitude toward his past in 1 Tim. 1:15-16? Why is his attitude an example of “a proper mindset” and freedom from “Yes, but I never did *that*”?

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7. How do we find freedom from the “Yes, but I never did *that*” mindset?

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## Chapter 5, Lesson 4, Exercise Guide

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### Chapter 5, Lesson 4, Scripture References

Matthew 20:9-15; James 3:14-16; Isaiah 9:7; Joel 2:25-26; Psalms. 75:6-7; 1 Corinthians 13; Matthew 25:14-30; Luke 12:48.

### Chapter 5, Lesson 4, Study and Prayer

- Three truths we must understand to overcome mindset of “it’s not right! it’s not fair!” are
  - Fairness \_\_\_\_\_.
  - Life \_\_\_\_\_.
  - People \_\_\_\_\_.
- The Bible tells us that God is \_\_\_\_\_ but it does not tell us that he is \_\_\_\_\_ as in “\_\_\_\_\_”
- God’s \_\_\_\_\_ goes beyond justice and is \_\_\_\_\_ to those who do not deserve it.
- God can be generous with some and not generous with others \_\_\_\_\_.
- Because life and circumstances are regularly unfair, believers with the mindset of “it’s not right! it’s not fair!” are \_\_\_\_\_ much of the time.
- Part of the root of “it’s not right! it’s not fair!” may be \_\_\_\_\_.
- \_\_\_\_\_ can take from you or keep you from having what our \_\_\_\_\_ Lord desires for you to have.
- When we hold “fair” and “unfair” as the standards for how we manage our relationships, we are saying that we expect people to \_\_\_\_\_ all the time.
- Being led by the Spirit means that you trust him to lead you in the way God desires. It also means that you trust him to lead \_\_\_\_\_ in the way God desires.

10. How do we find freedom from the “it’s not right! it’s not fair! mindset?”

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11. What one action or response will you take away from this lesson? How will it change how you live and manage your relationships?

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## Chapter 5, Lesson 5, Exercise Guide

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### Chapter 5, Lesson 5, Scripture References

Romans 12:3; Hebrews 12:1; Matthew 15:3-10.

### Chapter 5, Lesson 5, Study and Prayer

1. In this lesson we read, “As we grow up in God and ‘put childish things behind us,’ the path we walk should become more *focused*.” What does “focused” mean to you?

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2. Where (in what areas) is your life “focused”? Where is it “unfocused”? What did the Lord speak to you about the focus in your life?

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3. How or in what ways are believers at different places in their walk with God? How should that affect how I look at, think about, and act toward other believers?

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4. The mindset of “If *I* Can’t Do That, Then *You* Can’t Do That” is resistant to \_\_\_\_\_  
\_\_\_\_\_ to speak to us on a personal, individual level.

5. Whenever the Holy Spirit whispers, “Don’t do that,” we should understand that he may not be whispering “\_\_\_\_\_” to everyone right now.

6. What does the process of *sanctification* mean?

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7. How do we find freedom from “If *I* Can’t Do That, Then *You* Can’t Do That”?

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## Chapter 5, Lesson 6, Exercise Guide

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### **Chapter 5, Lesson 6, Scripture References**

Matthew 23:23; John 12:24-25; Galatians 5:6; Romans 5:8; 1 John 4:20; John 16:81; Samuel 16:71; John. 2:9-11; 1 John 3:14-15.

### **Chapter 5, Lesson 6, Prayer and Study**

1. What does “The New and Living Way in Action” mean to you?

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2. Read John 12:24-25. What does this passage mean to you, especially in the context of walking in love?

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3. How does “love through legalistic lenses” keep us from really walking in love?

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4. What did God speak to you when you read that one of the definitions of the word “hate” also means “by extension, *to love less*”?

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5. Since legalistic mindsets develop out of “heart beliefs and attitudes,” did the Lord reveal anything to you about your own mindsets or your own “heart beliefs and attitudes” as you studied this lesson and the previous ones of this chapter? List the main issues the Lord revealed to you about your own legalistic mindsets and their underlying “heart beliefs and attitudes.”

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6. Spend some time praying about the issues you listed above. What does the Lord speak to you about finding freedom from these issues? What will you do in response to what he has spoken to you?

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8. What do we mean by “the slippery slope of sloppy agapé” or “greasy grace”?

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9. It is possible to live a righteous life by grace—because God’s grace does not fail. We

\_\_\_\_\_ but \_\_\_\_\_.